

## STUDENT LIFE

To encourage a well-rounded development of students, the University of Valladolid offers numerous cultural and social programmes, sports facilities and services for students to get involved beyond the classroom. Student life is committed to student learning and the development of the whole student in a diverse campus community.

### Accommodation

The UVa helps students to find accommodation before their arrival, based on students' preferences.

A range of accommodation choices is available:

- University halls of residence, located on campus or city centre: single/double, en-suite/non en-suite rooms. The price per room varies from around 350 euros/month for accommodation to around 650 euros/month for full board.
- University flats located on campus. Each self-contained apartment is for two people, with two single bedrooms, a living room, bathroom and kitchen. Each is fully furnished and equipped. The apartment building is also provided with a cafeteria and dining room. They are the perfect place for socializing with other students. Students can choose full board or accommodation only. There is also a caretaker available 24 hours a day, a car park and common areas (television room, study room, laundry room, and ironing room).
- Individual room in a shared house/flat with other students: the approximate cost of the room is 300-350 euros/month. Upon arrival, students are normally required to pay a one-month deposit.
- Accommodation with Spanish families: in an individual room and with full board (which includes breakfast, lunch, and dinner). Approximate cost: 600 euros/month.

#### Other information:

The cost of living is around 350-400 euros/month.



### Library

We offer a range of resources and study facilities across our libraries.

- Our libraries have over 1.1 million books.
- We subscribe to over 28,000 online resources such as e-books, e-journals and databases.
- Our libraries provide a range of study environments to suit you.
- Our staff will help you to make the best use of our libraries.
- In 2017, the University of Valladolid Library was awarded EFQM for Excellence 5 Stars.





## Sports facilities

The mission of the Sports Service is to lead the physical-sports practice within the University of Valladolid, generating healthy lifestyle habits and opportunities for the integral development of people, improving their well-being, their quality of life, their leisure options and their social relationships.

The programme is organised into different areas that begin in the month of October and last until the end of the academic year.

### Physical activity and sports courses

With more than than 20 activities you can choose the one that best suits your tastes and objectives objectives, such as: sports, cardio-fitness, aquatic, combat, dance, body-mind and natural environment.

Decide which is for you and improve your quality of life!

### Competitions

You have the opportunity to compete as a team or individually in the most popular sports and facilities of the university. There are competitions for each level, from the internal competitions of each Center, the Trophy Rector, the Sports Service Tournament, the Spanish University Championships, up to the federated competition at the highest level.

Choose your sport and start competing!

### Further information:

#### University of Valladolid Sports Service

Ruiz Hernández, 16. Tel. +34 983 423 000 Ext. 4080

[servicio.deportes@uva.es](mailto:servicio.deportes@uva.es)

At each university centre, you can also contact a sports expert who can advise you.

## Disability support

If you have a disability, medical condition or specific learning difficulty, we can provide you with the support you need to help you adjust to university life quickly and make the most of your time at the University of Valladolid.

The Social Affairs Service provides advice on any aspects of student life that you may need support with. It also offers technical support during the enrolment period, text recordings for those with visual impairments, access to specially adapted equipment when it is considered necessary, special arrangements for extra time during examinations, etc.

### To find out more:

#### Casa del Estudiante

Real de Burgos, s/n. Tel. +34 983 423 977

[asuntos.sociales@uva.es](mailto:asuntos.sociales@uva.es)



## Language courses

The UVa Language Center offers courses in a wide range of foreign languages at all levels.

It also offers Spanish courses which are organized following the reference levels set out in the Cervantes Institute syllabus: A1-A2; B1-B2 and C1. The UVa Language Center is currently an official examining center for the diplomas in Spanish as a foreign language (D.E.L.E) and the CCSE and CIELE tests.

### To find out more:

[www.funge.uva.es/idiomas](http://www.funge.uva.es/idiomas)